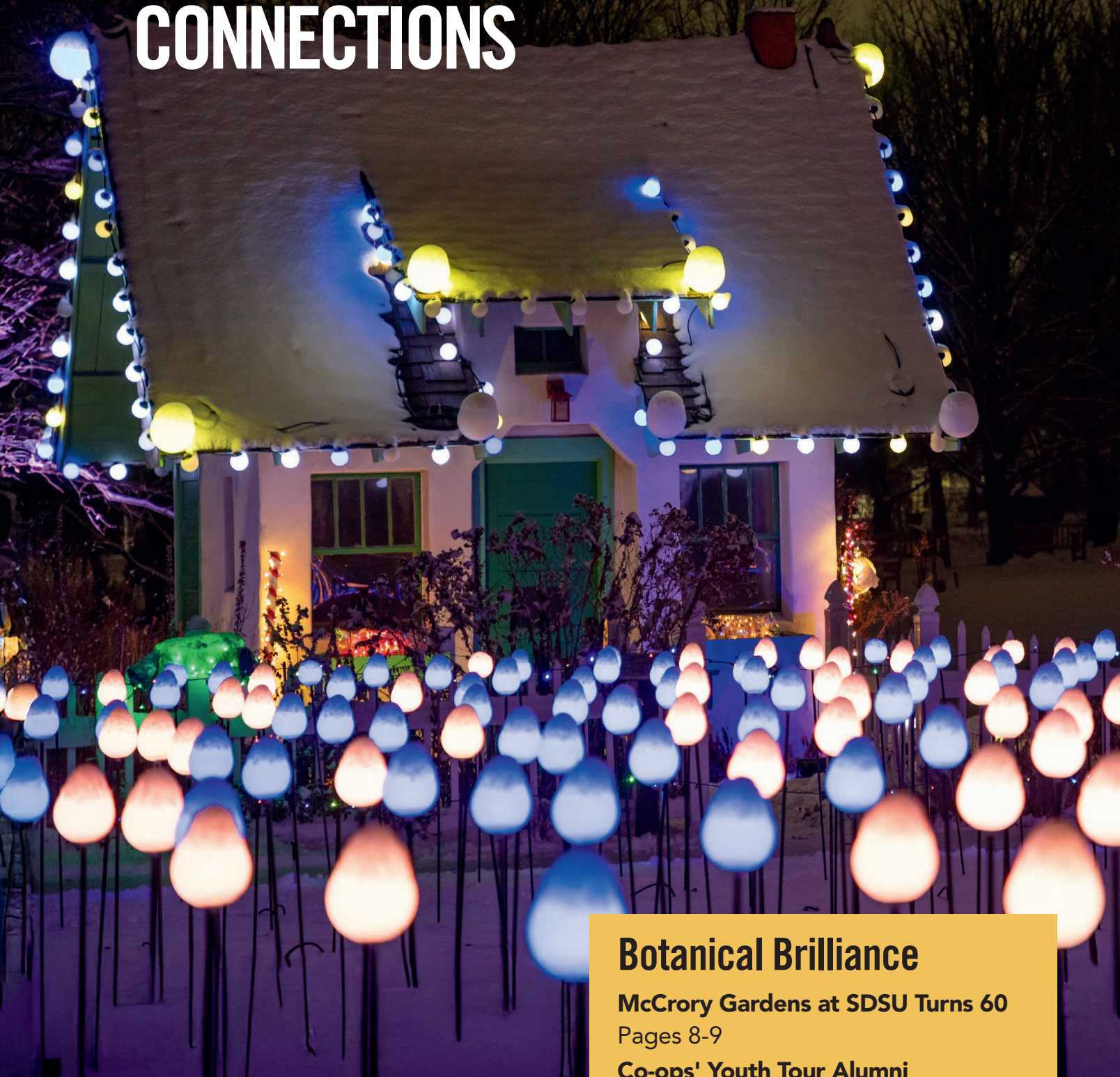


COOPERATIVE CONNECTIONS



Botanical Brilliance

McCrary Gardens at SDSU Turns 60

Pages 8-9

Co-ops' Youth Tour Alumni

Pages 12-13

The annual Garden Glow celebration at SDSU's McCrary Gardens turns the space into a winter wonderland with festive lights and decorations.
Photo by McCrary Gardens

Why Load Growth Matters to All Cooperative Members



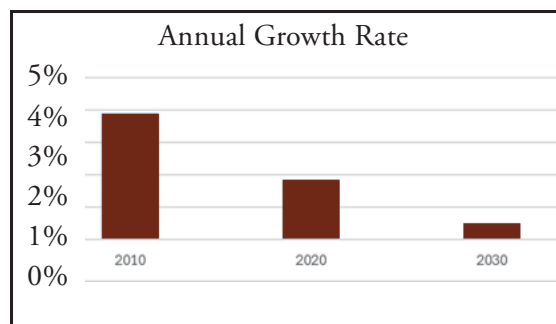
Dave Page
General Manager

As a member-owned electric cooperative, Whetstone Valley Electric exists to provide safe, reliable, and affordable electricity to everyone we serve. Each new home, farm, or business that connects to our lines adds to the cooperative's overall "load" — the total amount of electricity used across our system. While "load growth" might sound like a technical term, it plays a vital role in keeping your rates fair and your cooperative financially strong.

Spreading the Cost of the System

Whetstone Valley Electric's system of poles, wires, transformers, breakers, and meters must be maintained and replaced over time to ensure reliability and safety. These are long-term investments that are shared among all members through the rates paid for electricity.

When total energy use grows, those fixed costs are spread over more kilowatt-hours sold. That means the cooperative can recover the same revenue requirement from a larger base of sales, which helps keep rates more stable. Simply put, load growth helps all members by reducing the cost per unit of electricity needed to operate and maintain the system.



Whetstone Valley Electric's Load Growth Trends

Between 2005 and 2010, Whetstone Valley Electric experienced an average annual load growth of approximately 4% — a healthy rate that allowed the cooperative to spread infrastructure and maintenance costs across a growing membership and higher total energy sales.

However, since 2010, that rate has steadily declined. From 2020 through 2025, Whetstone Valley Electric is seeing average annual load growth of less than 2%, and our most recent forecast projects future growth of less than 1%.

While the cooperative continues to add new services and support new members, overall energy sales are not increasing at the same pace they once did. Factors such as improved energy efficiency, changes in agricultural production, and slower regional development all contribute to this trend.

The Broader Context

Across the country — and even within our region — electric demand is growing rapidly. Data centers, electrification of transportation and heating, and manufacturing growth are driving substantial increases in power demand in many areas. Yet Whetstone Valley Electric is not experiencing that same level of growth within our service territory.

This difference matters. As costs continue to rise for materials, equipment, contractors, and labor, the cooperative must still invest in the upkeep and replacement of essential infrastructure. Without corresponding growth in energy sales, those increasing costs must be supported by the same existing load base — meaning our current members collectively bear more of the expense.

Rising Costs Are Unavoidable

Like households and businesses everywhere, the cooperative faces rising costs for nearly everything it uses to operate: poles, transformers, wire, vehicles, and the labor to install and maintain them. Equipment prices have surged in recent years, and replacement costs are significantly higher than they were just a few years ago. Depreciation on these assets also increases over time, reflecting the ongoing need to reinvest in system reliability.

Even when Whetstone Valley Electric carefully manages expenses and prioritizes

Continued on next page

Load Growth Continued

projects, these cost increases are unavoidable. Without meaningful load growth to help offset them, there is greater pressure on rates.

A Shared Benefit

Load growth benefits everyone. It strengthens the cooperative's financial foundation, allows more effective use of existing infrastructure, and helps reduce the cost burden per kilowatt-hour for all members. It also supports local economic activity and the vitality of the communities we serve.

Whetstone Valley Electric continues to work with community leaders, businesses, and developers to encourage sustainable growth within our service area — because when the cooperative grows, all members benefit. Every new connection and every additional use of electricity helps us continue providing the reliable power you depend on, at a fair and sustainable cost for everyone.

Dave Page
General Manager
Whetstone Valley Electric Cooperative, Inc.





**THE COUNTRY
COOKIN'**
cookbook

RECIPES NEEDED
Help us create
another great cookbook
by submitting your
favorite recipes.

Submit recipes to
graphics@eastriver.coop
or contact your local co-op
for more information.

**Submit to be entered into a drawing
for 1 of 2 \$100 Visa gift cards**

COOPERATIVE CONNECTIONS

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Design assistance by SDREA.

So, a Power Line Fell On Your Car...

Driving accidents can happen quickly and easily in the winter months with slick, inconspicuous coatings of black ice, reduced visibility and other weather-related safety hazards.

The important thing is that you know what to do if you find yourself in a collision with a utility pole – because what you don't know can seriously injure or kill you.

If a power line falls on or near your vehicle and there is no fire...

Call 911 and remain in your vehicle until help arrives — this is where you are safest. Your vehicle may be insulating you from the electrical current. Once you leave the vehicle and place your foot on the ground, the electricity may take a path through your body and shock you.

Never go off looks; a downed power line may not be sparking or showing obvious signs of being live, but it may still be energized.

If someone attempts to assist you, warn them to stay back until the utility can de-energize the line.

If a power line falls on or near your vehicle and there is a fire...

If your vehicle has caught fire, you must proceed with extreme caution. Again, even if a line isn't sparking, it may still be energized.

To make your escape, jump from your vehicle to the ground, making sure your body is not touching the ground and vehicle simultaneously. Making contact with both would make your body a direct conduit, and you would be electrocuted.

For that same reason, do not assist anyone else exiting the vehicle or accept help exiting the vehicle.

Once you're on the ground, keep your feet together and hop or shuffle away from the scene, at least 40 feet away. As you move, your goal is for there to not be a voltage difference between your feet. You do not want one foot off of the ground while the other foot is making contact with the ground.

Call 911 and warn others to stay away from the scene.

If you come across downed power lines...

Stay no less than 40 feet away, as the ground can become energized. Never drive over downed power lines – not only do you risk electrocution and damage to your vehicle, but the added tension could pull down surrounding utility poles and create additional hazards.

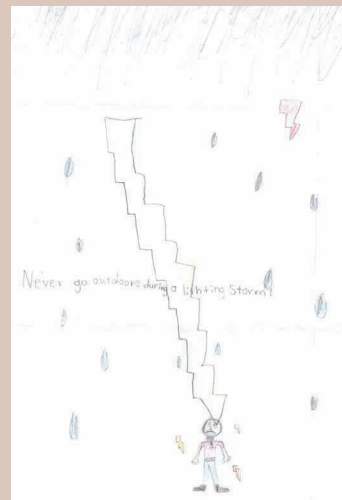
If you're a first responder at the scene...

Always assume lines are energized. Contact the utility and wait for them to de-energize the lines and give you the all-clear.



Always assume a downed power line is energized. A downed power line may not be sparking or showing obvious signs of being live, but it may still be energized.

"Never go outside during a lightning storm!"



**Josiah Krcil,
Age 9**

Josiah cautions readers on the dangers of going outside during a lightning storm. Great picture, Josiah! Josiah's parents are Andrew and Andrea Krcil from Dante, S.D.

Kids, send your drawing with an electrical safety tip to your local electric cooperative (address found on Page 3). If your poster is published, you'll receive a prize. All entries must include your name, age, mailing address and the names of your parents. Colored drawings are encouraged.

Specialty SOUPS

CHEESEBURGER VEGETABLE SOUP

Ingredients:

1 lb. ground beef
2 lbs. block Velveeta cheese
(2) 12 oz. cans evaporated milk
(3) 10.5 oz. cans cream of mushroom soup
10.5 oz. can cream of celery soup
1 can French style green beans
1 can mixed vegetables
1 can diced potatoes

Method

Brown ground beef. Cut Velveeta into cubes. Put all ingredients into slow cooker. Cook on low six to eight hours, stirring halfway through or cook on high two hours, and then on low another two hours, stirring halfway through.

Wendy Thorson
Northern Electric

DUMPLING SOUP

Ingredients:

1 tbsp. vegetable oil
2 tsps. sesame oil
1 cup carrots, shredded
5 green onions, thinly sliced (whites and greens separated)
3 cloves garlic, finely chopped
1/4 tsp. ground ginger
1/4 cup white miso paste
6 cups chicken vegetable broth, divided
1 lb. frozen mini dumplings
3 cups baby spinach
3 tsps. soy sauce (plus more to serve)
Hot sauce or chili oil to serve

Method

In a large pot, heat the vegetable oil and sesame oil over medium heat. Add the carrots, green onion whites, garlic, and ginger. Cook, stirring frequently, until the vegetables begin to soften, two to three minutes. In a small bowl, combine the miso paste with 1/2 cup broth, whisking until the miso is dissolved. Add the miso mixture and remaining broth to the pot and bring to a boil.

Add the dumplings and bring to a simmer. Heat until the dumplings are heated through, three to five minutes. Stir in the spinach, cooking until the greens are wilted, one to two minutes. Add the soy sauce and green onion greens.

Serve hot with hot sauce or chili oil, and extra soy sauce.

Susan Forma
Union County Electric

PHEASANT CHOWDER

Ingredients:

2 pheasants (thighs and breasts: or only breasts if preferred)
4 celery stalks, sliced
1/2 lb. bacon strips, sliced
1 large yellow onion, diced
4 cups chicken broth
4 medium size Yukon Gold potatoes, peeled and cubed
3 cloves garlic, diced
5 tsps. flour
2 cups half-and-half
1 cup parmesan cheese
Salt and Pepper

Method

Put cubed potatoes in a separate pot, cover with the chicken broth, and bring to a boil. Cook the potatoes until they are soft.

Slice the pheasant meat, across grain into 1/4 to 1/2 inch strips.

Cut bacon slices into small pieces and put in a Dutch oven on medium heat. Add diced celery and onion and cook until the bacon and celery are cooked through and onions are transparent. Add the garlic and pheasant. The meat should cook quickly because of the small sized pieces. Once meat is cooked, add the flour one tablespoon at a time while stirring the mixture, thoroughly coating the vegetables and meat.

Add the potatoes and broth from the separate pot. Once incorporated, stir in the half-and-half, then stir in the parmesan cheese. Salt and pepper to taste. This chowder is ready to eat once heated through, or you can let it simmer on low heat. Flavors should continue to meld.

Nick Kvernevig
Lake Region Electric

Please send your favorite recipes to your local electric cooperative (address found on Page 3). Each recipe printed will be entered into a drawing for a prize in December 2025. All entries must include your name, mailing address, phone number and cooperative name.

Water Heater Woes



Miranda Boutelle
Efficiency Services
Group

Q: How can I tell if my water heater needs repair or replacement?

A: We've all gotten used to having reliable hot water in our homes. Nobody wants to get caught off guard with an unexpected cold shower or failed water heater. I tend to live in the "if it isn't broken, don't fix it" school of thought, but a failed water heater can cause damage to your home and property. Emergency replacement of a water heater can add unnecessary cost, not to mention inconvenience. Evening or weekend replacement or repair can lead to higher costs charged by a plumbing company.

Here are some signs that your storage water heater might be approaching the end of its life.

The typical lifespan of a storage water heater is 10 to 15 years, according to the U.S. Department of Energy. If your water heater is older than that, plan to replace it soon. Don't have records of when it was installed? No problem. Find the serial number on the water heater's sticker or metal plate. Look up the serial number online or call the manufacturer to find its age.

Sediment or water on the floor or at the bottom of the water heater could mean its days are numbered. Sediment can be a sign of corrosion, which leads to a leak or failure.

Seeing rusty or discolored water when you turn on your faucets can be a sign the tank is rusting inside. If water is not getting as hot as it used to, it could be a sign of a failing electric element or a gas burner not functioning properly.

Odd noises could indicate an issue with the components. If you're hearing unusual noises from your water heater, schedule a checkup with a plumber. Well-functioning water heaters typically don't make much noise.

A professional plumber may be able to replace failing components. If you are having issues with the tank itself, it's likely time for a new unit.

If you're in the market for a new water heater, a heat pump water heater might be a good fit for your home. These systems are two to three times more energy efficient than conventional electric-powered

tank water heaters, according to the DOE. A federal tax credit is available until Dec. 31. You can claim 30% of the project cost, up to a maximum of \$2,000, for the installation of an Energy Star heat pump water heater. If your water heater is past its useful life or showing any signs of failure, consider investing in a new one before the end of the year. You might also be eligible for rebates from your state or electric cooperative.

Even if your water heater is in great shape, you can save at home by lowering your hot water use. Some easy ways to do this are washing laundry in cold water and installing high-performance aerators on faucets and showerheads to reduce the amount of hot water you use. If you have time-of-use rates, you can save by installing a timer on your water heater to prevent it from operating during peak energy use hours, typically in the mornings and evenings. It also helps lower the strain on your electric utility.

Knowing the signs of water heater failure can save you from home damage and offer opportunities to explore options for more efficient equipment to lower your electric use.



HOLIDAY HEROES: Your Local Mail Carrier

Jacob Boyko

jacob.boyko@sdrea.coop

Through rain, snow and blistering cold, rural mail carriers persevere hundreds of miles of rough country roads each day as they deliver the mail to their communities.

It's a big job for mail carriers, and with the increased mail and packages that come along with the holiday season, the job can get that much more difficult.

Thankfully, hardworking folks like Woody Richards of Oelrichs are up to the challenge. For over 50 years, the 81 year old Black Hills Electric Cooperative member has been the friendly face behind countless deliveries of Christmas cards and presents in the rural areas around the Southwest South Dakota communities of Oelrichs, Smithwick, Hot Springs, S.D., and Chadron, Neb., – rain, shine, or 30 degrees below.

"We have a lot of challenges out there in the wintertime," Woody said. "There are days I haven't made the route because there's too much snow and I can't get through. Years ago, I used to carry a snowmobile with me, and I've delivered mail from the snowmobile a couple of times."

And with more than 9.6 billion envelopes and packages mailed between Thanksgiving and Christmas, according to USPS, the holiday season marks an extra busy time for postal workers.

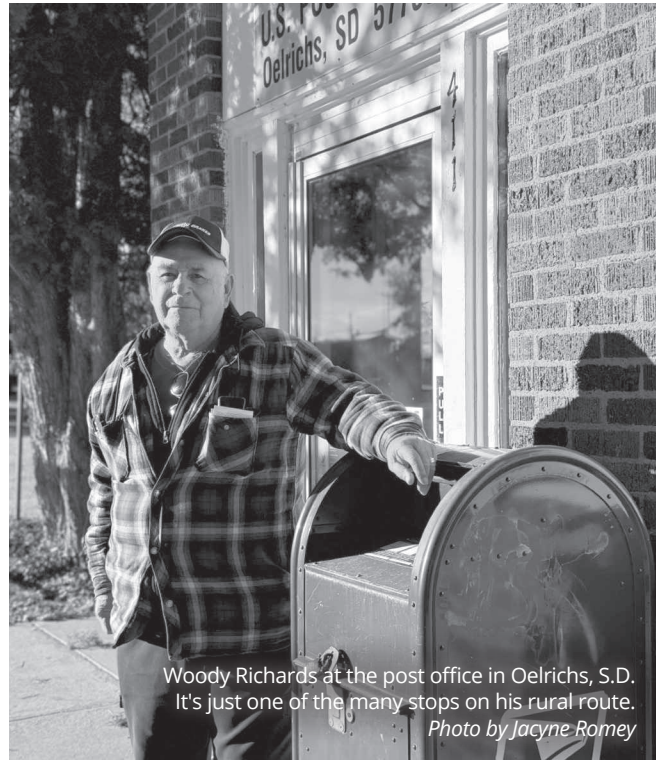
"About November 15th, the mail's going to start getting heavy," Woody said. "The route will take a little bit longer since so many get packages through Christmas. Our mail gets a lot heavier through the holidays."

The added work can be a slight inconvenience, Woody admits, but is made up for ten-fold when people along the route go out of their way to show their appreciation.

And there are numerous ways people show gratitude, Woody explained. Sometimes, that's stopping to chat while he's out delivering, other times it's towing his mail truck out of especially precarious snowbanks or mud ruts.

Woody recalls one couple along his route that each year would leave a utilitarian present for him – pairs of mittens.

"They always said, 'Oh Woody, you need some warm gloves,' so they'd give me a new pair of mittens every Christmas," Woody



said. "Another couple always made fudge and gave me some, which was really nice. And a guy down in Nebraska, he gives me jars of honey every Christmas."

The kind gestures, accompanied with cards thanking the civil servant for his dedication to getting everyone their mail on time, are part of why Woody has stayed on the route for five decades. He now splits the lengthy route with his wife, Bobbi, but Woody is steadfast to carry on his commitment – the same commitment that's led to Woody working with 31 postmasters, driving about 50 different vehicles, traveling more than 2.8 million miles across southwest South Dakota and northwest Nebraska, and just about every name on the entire route.

"Right now, the count (on my route) is about 140 mailboxes," Woody said. "When I started, we only had 46 mailboxes, so it's grown a lot."

He continued, "It's been a challenging 50 years, but just keeping the people happy by getting their mail – that makes me feel good, that they can get their mail delivered to their door."

Photo by Jacyne Romey





During the annual Garden Glow event, McCrory Gardens in Brookings is transformed into a winter wonderland.
Photo submitted by McCrory Gardens

NATURE GROWS & GLOWS AT MCCRORY GARDENS

Jacob Boyko

jacob.boyko@sdrea.coop

Tucked among the towering pines at the busy corner of 6th Street and 22nd Avenue in Brookings, S.D., you'll find a little plot of botanical paradise.

For 60 years, South Dakota State University's McCrory Gardens has not only served as a mecca for horticulture enthusiasts, but also a versatile, community-focused space for weddings, workshops and other seasonal festivities.

"Here, our mission is connecting people and plants through education, research, discovery and enjoyment of the natural and built landscape," said Lisa Marotz, director of McCrory Gardens.

Working toward that mission, Marotz and staff keep a schedule full of activities for SDSU students and community members with a variety of seasonal events: a spring-time syrup-making workshop where participants are taught to tap trees; the summer-time TuliPalooza where more than 15,000 tulip bulbs are planted in a colorful display; and the family-focused fall festival during Hobo Day weekend featuring horse-drawn hay rides and food trucks.

"There really is always something to see — just maybe not always what you expect," said Kathryn Bowar, an SDSU ag science

student and McCrory Gardens intern from Hoven, S.D.

Bowar says the space is increasingly popular for students looking to take a break from busy campus life to study, hang out with friends, or just enjoy time alone in a tranquil, outdoor environment surrounded by nature.

"I grew up as a ranch kid and adjusting to city life was overwhelming at times," Bowar added. "Coming to McCrory Gardens was a breath of fresh air and helped me recenter in the beauty of nature."

The garden's hallmark event is the regionally renowned Garden Glow, which transforms the dormant grounds into a winter wonderland with bright and festive Christmas lights and decorations.

"Garden Glow is a way that we are able to bring thousands of people to a botanical garden in South Dakota in December," Marotz said with a laugh. "We started out in 2015 when about 51 people came. Last year we were up to about 13,000, so it's grown a lot in popularity."

At the upcoming Garden Glow, visitors will meander through the reindeer meadow, travel across the life-size "Candy Land" board, warm up with a stop at the hot cocoa hut and peek inside Santa's summer-time home while exploring all the garden has to offer.

And there's been a lot of change over the garden's 60-year history, from new flowerbeds and gardens to patios and memorials.

But despite that, Marotz says she and her staff work to ensure the original vision of the garden and the contributions of those who worked before her are preserved.

Rather than tearing out and replacing sections of the gardens, the staff update and add to the space, with each parcel of the 25-acre garden bearing the fingerprints of past enthusiasts who cultivated, researched and appreciated the flora that make the Midwest beautiful.

"We have visitors comment that they now know what heaven looks like," Marotz said. "That's what people feel here: sanctuary and peace."



Lisa Marotz – McCrory Gardens Director since 2016 – with intern Kathryn Bowar, who is beginning her third fall working at the garden.
Photo by Jacob Boyko

With bright, blooming flowers, McCrory Gardens is the perfect stop for migrating butterflies and other helpful pollinators.
Photo by Jacob Boyko



Many area visitors recognize this cottage as the 1928 Lawson Gas Station in Lake Preston, which was moved to McCrory Gardens in 1996 and renovated in 2024.
Photo by Jacob Boyko



Each cactus in the cacti garden is dug up each fall and moved into a greenhouse on campus before being replanted in the spring.
Photo by Jacob Boyko



The 1991 Sioux Quartzite rock garden and 2013 waterfall are a favorite fixture in the garden — and the site of numerous summertime marriage proposals.
Photo by Jacob Boyko



A labyrinth of pathways and trails lined with mature trees and vines give garden visitors a sense of exploration — even though they're right in the middle of Brookings.
Photo by Jacob Boyko



During the Garden Glow event, the East Terrace Lawn and Gazebo becomes The Enchanted Forest. Marotz notes this was the site of the first Garden Glow in 2015 — miniscule compared to today's expansive decorating.

This winter, Garden Glow is open 5-9 p.m. from Dec. 6, 2025 through Jan. 6, 2026.

Photo submitted by McCrory Gardens

60TH ANNIVERSARY THE MCCRORY STORY

*Photos submitted by
McCrory Gardens*

1964

The S.D. Legislature approves funds to construct Bailey Rotunda and Wagner Hall on the site of SDSU's Horticulture-Forestry Gardens. Samuel A. McCrory, head of the horticulture department at SDSU, advocated for a research garden filled with S.D. flora that would also serve as a learning center for students. McCrory passed away March 10, 1964.



1966

The new horticulture garden is formally dedicated "McCrory Gardens" to honor the late department head.



1977

McCrory Gardens receives the prestigious All-American Display Garden Award. The Garden is now designated to receive and showcase winning plant selections each year.



1979

McCrory Gardens is named on a list of the top 10 small gardens in the U.S. by ARCO Travel Club Magazine.



1988

The first annual Garden Party is held to fund the maintenance and operating costs of the garden.



1994

The late Gov. George Mickelson is honored in the newly-constructed Mickelson Grove.



2012

The new Education & Visitor Center is dedicated.



2025

McCrory Gardens celebrates its 60th anniversary!

Upcoming 2026 WVEC Director Elections

Whetstone Valley Electric Cooperative is making plans for its 84th annual membership meeting. The 2026 annual meeting will be held on Thursday March 26, 2026 at 6:30 pm at the Wilmot School.

This year, three members must be selected to serve on the board of directors, all for three-year terms. The districts with open seats are as follows:

District 1: Drywood Lake, Goodwill, Easter, Agency, Lawrence Townships

District 2: Becker, Lee, Lake Townships

District 5: Twin Brooks, Kilborn, Osceola, Mazeppa, Leola Townships

Director nominations are by petition only. Petition forms are available at our headquarters at 1101 East Fourth Avenue in Milbank. A candidate must be a bona fide resident of the district and return a petition with at least six (6) signatures from current members of the same district to the Whetstone office not less than 40 days prior to the annual meeting.

Because of publication deadlines, to have a candidate profile published in the March issue of Cooperative Connections, petitions should be submitted on or prior to February 16, 2026.

The process for becoming a Director for Whetstone Valley Electric Cooperative, Inc. (WVEC) is contained in the Cooperative bylaws Article IV. Each candidate for a director position, should carefully read the bylaws and understand the procedures. The bylaws can be found on our website,

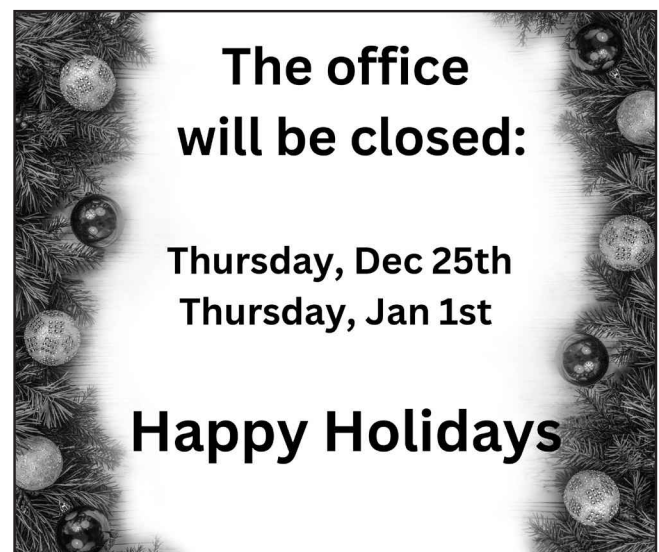
www.whetstone.coop, or by contacting our office.

The Whetstone Valley Electric Cooperative board serves on behalf of the membership to provide oversight and strategic governance, while day-to-day operations are led by the cooperative general manager. The board is responsible for sending representatives to the associations of which the cooperative is a member. Directors are expected to attend education seminars and may be asked to serve on other associated cooperative boards. Directors may be asked to lobby and remain informed on pertinent legislative issues. Reading and studying is necessary to keep informed of current issues and how they may affect the co-op. It is the responsibility of the board to evaluate and develop long-term strategic plans to assure the financial and operational stability of the cooperative. Directors should expect to commit about 30 days per year for cooperative related activities.

In addition to the rewards of being a director, there are some important responsibilities. A director must:

- Be prepared to abide by and uphold the bylaws of the cooperative
- Be open to new ideas and have a desire to learn
- Be able to understand and engage members as their expectations change
- Be adept at analyzing complex options to make sound decisions

If you are interested in learning more about what it means to be director, please feel free to contact a board member or our General Manager.



10 Ways to Stay Safe As You Deck the Halls This Holiday Season

1. Check all holiday light cords to make sure they aren't frayed or broken. Don't string too many strands of lights together — no more than three per extension cord.
2. If are buying an artificial tree, look for the fire-resistant label. When putting it up, keep it away from fireplaces, radiators and other sources of heat.
3. If getting a live tree, make sure it's fresh and water it to keep it fresh. Bend the needles up and down to make sure no needles fall off.
4. If using older decorations, check their labels. Some older tinsel is lead-based. If using angel hair, wear gloves to avoid irritation. Avoid breathing in artificial snow.
5. When decorating outside, make sure decorations are for outdoor use and fasten lights securely to your home or trees. If using hooks or nails outside, make sure they are insulated to avoid an electrocution or fire hazard.
6. If using a ladder, be extra careful. Make sure to have good, stable placement and wear shoes that allow for good traction.
7. Don't use electric lights on metallic trees.
8. Don't forget to turn off all holiday lights when going to bed or leaving the house.
9. Keep children, pets and decorations away from candles.
10. If hanging stockings on the fireplace mantel, don't light the fireplace.

ENERGY EFFICIENCY TIP OF THE MONTH

To maximize your fireplace's efficiency, always keep the damper closed when the fireplace is not in use. An open damper is like an open window, allowing warm indoor air to escape and cold air to enter. Consider installing a fireplace insert, which improves heat output by circulating warm air into the room rather than letting it escape up the chimney. Also, burn only seasoned hardwood to ensure a hotter, cleaner burn. Regularly clean and inspect your chimney to maintain safe and efficient operation.

Source: energy.gov



UTILITY SCAMS

Look out for the “energy-saving device” scam. Whether sold on social media platforms or through random emails, consumers have fallen victim to scams where these products claim to reduce or even eliminate energy bills. These products are advertised as devices that will “balance” or “clean” the power in your home, thus saving you money. There is no such device that can simply be plugged in to lower energy use.



The 2006 Youth Tour group takes a photo on the Albert Einstein Memorial in Washington, D.C.
Photo by Brenda Kleinjan

YOUTH TODAY. LEADERS TOMORROW.

South Dakota's Youth Tour Continues to Inspire Leadership Years Later

Frank Turner

frank.turner@sdsrea.coop

Each summer, a new group of South Dakota teens will board a plane for Washington, D.C., full of excitement for the trip of a lifetime. They're part of the South Dakota Electric Cooperative Youth Tour, a weeklong experience that connects rural students to the people, places and ideas that shape our country.

The Youth Tour began after a 1957 speech by former Sen. Lyndon B. Johnson, who encouraged electric cooperatives to send young people to the Capitol so they could "see what the flag stands for." Since South Dakota sent

its first group in 1963, more than 1,300 students have made the trip.

During the trip, students visit landmarks like Ford's Theater, the National Archives and the U.S. Capitol. They meet members of Congress, make friends from across the country and see firsthand how decisions made in Washington affect people back home.

For many, the most meaningful part of the trip happens long after they return. The experience lights a spark that shapes how they view their communities and their roles within them.

Two of those alumni, Kevin Larsen and Andi Fouberg, still carry lessons from their Youth Tour experiences today.

Kevin Larsen

Kevin Larsen remembers applying for Youth Tour in 2006 as a junior from Howard High School to represent Central Electric Cooperative.

"I've always been a history nut," he said. "My parents, like a lot of farmers, weren't made of money. This was a chance to go see the nation's capital, and I figured, why not apply?"

Once he decided to apply, he approached his high school English teacher, who helped him polish his essay, which landed on the desk of longtime Central Electric Cooperative General Manager Ken Schlimgen. "Lo and behold, the legendary Ken Schlimgen gives me a call," Larsen said. "And the rest is history."

Larsen now serves as the public information officer for the South Dakota State Historical Society in Pierre. He is also active in local organizations and community leadership roles, serving as president of the Pierre Kiwanis Club, incoming exalted ruler for the Pierre Elks Lodge, and in 2025

he ran for a position on the Pierre City Commission, only to come short by a handful of votes.

“These types of trips instill a passion for civics, and I think they mean a lot more for rural South Dakota kids,” Larsen said. “I’m from the middle of nowhere, Canova, South Dakota – a lot of people don’t even know where that is. The nearest town from our farm was six miles away, and that town is 100 people if everybody’s home. I think the opportunity to travel means more coming from somebody that was raised on a farm.”

He laughs when he thinks back to the trip. He keeps in touch with one of his roommates from that week. “You build connections you don’t expect,” he said. “One of the guys I roomed with ended up being a friend of my wife’s, and years later he attended our wedding.”

Larsen also credits his former Youth Tour Director, Brenda Kleinjan, for making the trip a success. “She was so passionate about the places we visited,” he said. “We weren’t just seeing historic monuments; we were learning what they meant.”

For Larsen, that week in D.C. helped set him on a lifelong path of leadership. “That trip really instilled that leadership ability and finding that inner voice to apply for something you might not think would ever happen,” he said. “When I sent off the essay in high school, I would have never imagined in my wildest dreams that I’d get an all-expenses-paid trip to D.C. We even ate well, too.”

Andi Fouberg

When Andi Fouberg applied for the Youth Tour, she was a high school student from Letcher. “I’m pretty sure my best



Kevin Larsen
2006 Youth Tour Alum
Submitted Photo



Andi Fouberg
1994 Youth Tour Alum
Submitted Photo

friend went the year before, and I thought that seemed pretty cool,” she said.

Also representing Central Electric Cooperative, she joined the 1994 Youth Tour, a year she remembers vividly for an unusual reason.

“The night before we left was when O.J. Simpson went on the white Ford Bronco run through Los Angeles,” she said with a laugh. “We watched it on TV in the hotel in Sioux Falls because we met there and stayed the night before we all flew out together.”

The trip instilled an early passion for civic life in Fouberg. After college, she moved to Washington, D.C., and spent 10 years as Sen. John Thune’s communications director.

“Youth Tour was what prompted me to want to be in D.C. at some point,” Fouberg said.

While working for Sen. Thune, Fouberg would regularly meet new Youth Tour students visiting the Capitol every year in June.

“I’d see these students walking the same halls I once toured, wide-eyed and curious, and I’d think, that was me,” she said.

Now, Fouberg leads the South Dakota State University Alumni Association as its president and CEO. She credits that early trip with showing her what public service and connection can look like.

“The trip had an impact on me wanting to be out there and be part of that environment,” she said. “It made me want to be part of the process and feel like you are part of the government machine, but in a way that helps people.”

Reflecting on it now, she believes the experience gives students from small towns something they might not otherwise see.

“Growing up in Letcher or any small community in South Dakota, I don’t know that civic engagement is something you naturally imagine yourself doing without exposure from something like Youth Tour,” she said. “Without exposure to Washington D.C. through something like that, I probably would not have pursued that path. It all had its roots in Youth Tour.”



Kevin Larsen (left) takes a photo with Youth Tour friends at the FDR Memorial in 2006.
Photo by Brenda Kleinjan



401 CREATE

LifeQuest Program Brings Mitchell Community Together

Frank Turner

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As creative director for 401 Create, Jessica Callies spends her days helping others find joy through art, music and connection. The program, part of LifeQuest in Mitchell, has become a place where creativity, inclusion and community come together.

LifeQuest is a nonprofit that has served adults with disabilities for more than 60 years. Its mission is to create opportunities that enrich lives, and 401 Create is one way to achieve that goal. The program began after LifeQuest purchased and renovated its downtown building in 2021, creating a public space where members and community volunteers can gather, collaborate and celebrate creativity.

"The idea of 401 Create came about to build partnerships between the

people we serve and the community of Mitchell," Callies said.

401 Create serves as both a day program and a public gathering space that Callies describes as a community center, the first of its kind for LifeQuest. The front of the space features a small stage for live music, while the rest of the room often fills with laughter, paintbrushes or the smell of something good baking in the kitchen.

"401 Create is a day program," Callies said. "A group of LifeQuest members comes most days to take part in the activities we host. It also serves as a public space for the community, so in many ways, it's like a community center."

The lineup of activities is as varied as the people who walk through the door. On any given week, you might find a group singing karaoke, a volunteer

LifeQuest and community members are gathered during a cafe night, chatting and laughing, waiting for the live musicians to start their show.

Photo submitted by 401 Create

leading a cooking class or a visiting artist guiding a painting workshop.

"Last summer, we did a 12-week program with Healing Hearts Haven, who used to have a presence in Mitchell but has since moved to Sioux Falls," Callies said. "She came over from Sioux Falls two days a week and did some creative therapeutic activities, and that was open to the public."

Each event offers something different, but they all share a common goal: making sure everyone feels welcome. "The goal is always to create opportunities for persons with support to have the same opportunities that people without support have," Callies said. "We actually have thrown two pep rallies for the basketball team. We can't always get into every space, but we can invite people into ours."

That welcoming spirit has turned 401 Create into a lively downtown community hub. Larger events like karaoke or live music nights often draw between 35 and 50 participants.

Smaller art or therapy sessions are kept more intimate, giving each person a chance to explore something new. “Because many of these adults haven’t always had the chance to try activities like this, some are just now discovering what they’re truly interested in,” she said.

It wouldn’t be possible without the volunteers from the Mitchell community who help make it all happen. About a dozen people lend their time regularly, from musicians to business employees who stop in to help with events.

“John Cersosimo is a retired teacher who comes in once or twice a month and plays guitar while we do what I call calm creating,” Callies said. “Chris Foster volunteers once a month to come sing for us, and Northwestern Mutual has sent people down to play bingo once a month.”

That growth has spread beyond LifeQuest. “I’ve seen a lot of people from the general public come in and be kind of surprised at what LifeQuest members are capable of doing,” she said. “Maybe breaking through stereotypes is important.

If I put an activity out, they fill right away. There’s no lack of participation.”

From art exhibits and choir performances to cafe nights and fundraisers, 401 Create has become a place where new connections are made every week.

“The impact isn’t just within the LifeQuest community but within the greater Mitchell community,” she said. “What’s happening at 401 is providing opportunities for things outside of there, which is ultimately the goal.”

Partnerships have played a big role in that success. LifeQuest often works with the Mitchell Area Arts Council and other local groups to bring in instructors, musicians and volunteers.

For Callies, the most rewarding moments are the ones when LifeQuest members take ownership of the space.

“Being able to run an event at 401 Create with LifeQuest members basically doing the legwork and raising money for other nonprofits is really an avenue of success,” she said.



(Above) LifeQuest members (from left to right) Jackson, Payton, Marlena and Taylor groove to Just Dance! on the Nintendo Wii.

(Top left) A group of LifeQuest members work together to paint a spot in Creative Way, an art alley in downtown Mitchell started by the arts council.

(Bottom left) Mindy, Jess, Jenny & Michael pose in front of donations for SafePlace of Eastern South Dakota during a cafe night fundraiser.

Photos submitted by 401 Create

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NOV. 25-DEC. 26
Christmas at the Capitol
8 a.m.-10 p.m. (holidays included)
Pierre, SD
605-773-3178
christmasatthecapitol.sd.gov

To have your event listed on this page, send complete information, including date, event, place and contact to your local electric cooperative. Include your name, address and daytime telephone number. Information must be submitted at least eight weeks prior to your event. Please call ahead to confirm date, time and location of event.

NOV. 27
Community Thanksgiving
11:30 a.m.-1:30 p.m.
Groton Community Center
Groton, SD

NOV. 28
Snacks With Santa
2-4 p.m.
Hill City Center
Hill City, SD

NOV. 29
Gregory Mid-Winter Fair
9 a.m.-4 p.m.
Gregory, SD
605-830-9778

DEC. 5-6
Christmas in the Hills
Mueller Center
Hot Springs, SD
605-890-2974

DEC. 6
Hometown Christmas
All Day
Milbank, SD
605-432-6656

DEC. 6
Parade of Lights
6 p.m.
Redfield, SD
605-472-0965

DEC. 6
KJAM Parade of Lights
5:30 p.m.
Madison, SD
605-256-4514

DEC. 6
Holly Jolly HoeDown on Ice
Fort Pierre Expo Center
Pierre, SD
605-289-1334

DEC. 7
Rockin' Around the Christmas Tree
Britton, SD
brittonareachamber.my.canva.site

DEC. 13
Parade of Lights
5:30 p.m.
Aberdeen, SD

DEC. 14
A Poker Alice Christmas
2 p.m.
Gayville Music Hall
Gayville, SD
605-760-5799

DEC. 14
Shaun Johnson Big Band Experience Holiday Show
4 p.m.
Johnson Fine Arts Center
Aberdeen, SD

DEC. 15
Holiday Jam with the Hegg Brothers
7-9 p.m.
H.S. Performing Arts Center
Mitchell, SD

JAN. 22
Gentleman's Quartet: Instrumental Quartet with Erin Shields
7 p.m.
Johnson Fine Arts Center
Aberdeen, SD

FEB. 21
Bellator Titans Casino Night Fundraiser
6-11 p.m.
Blackjack, Scorpion (horse) Races, Find the Titan, Live Auction & More
City Lights Bar & Event Center
Aberdeen, SD

FEB. 22
C Street Brass
4 p.m.
Johnson Fine Arts Center
Aberdeen, SD

Note: We publish contact information as provided. If no phone number is given, none will be listed. Please call ahead to verify the event is still being held.